

Steak

NORTEÑO SPECIAL 13.99

A delicious combo of grilled chicken breast and sliced steak, one chicken enchilada and pico de gallo. Served with rice or beans and corn tortillas.

FILETE AZTECA 13.99

Grilled Rib-Eye steak and mushrooms in a red wine brown sauce with garlic mashed potatoes and grilled veggies.

SAN JOSE MEXICAN STEAK 13.99

10oz. Rib Eye steak cooked with bell peppers and onions. Served with rice and choice of beans or fries. add jumbo shrimp for 3.50

STEAK RANCHERO 13.99

10oz. Rib-eye steak cooked to perfection and seasoned with ranchero sauce. Served with rice and beans.

STEAK A LA MEXICANA 15.99

Tender grilled steaksautéed with onions, tomatoes and jalapeño peppers. Served with rice and charro beans.

STEAK CHIPOTLE 13.99

Tender strips of steak sautéed with chipotle sauce cooked with onions, tomatoes and zucchini. Served with rice and beans.

CARNE ASADA 12.25

Thinly sliced choice steak. Served with rice, beans and avocado salad.

STEAK LA PAZ 13.99

Rib-eye steak cooked with zucchini, squash, mushrooms, bell peppers and onions. Served with rice and beans.

PARILLADA A LA MEXICANA FOR TWO 24.99

Grilled steak, chicken, shrimp, carnitas and mexican sausage cooked with peppers, onions, tomatoes and mushrooms. Served with rice, charro beans, mix salad, sour cream and pico de gallo.

EL PAISANO 15.99

T-bone steak or grilled chicken breast with shrimp, mushrooms, onions, peppers and tomato topped with a creamy cheese sauce. Served with rice and beans or mashed potatoes.

CHORI-STEAK 15.99

T-bone steak covered with chorizo (mexican sausage) and cheese sauce. Served with rice, beans and tortillas.

CHILE COLORADO 11.99

Tender chunks of steak mixed with spicy red salsa. Served with rice, beans and tortillas.

MOLCAJETE 25

A traditional feast for all!!!! A hot stone bowl filled with Ribeye steak, chicken, shrimp, poblano peppers, onions, chunks of pineapple, and honey pasilla sauce topped with shredded cheese.

Seafood

PLAZA DEL MAR 14.45

Grilled tilapia, scallops and shrimp, topped with seafood Alfredo sauce, served with rice.

MARISCOS CON ARROZ 12.45

Shrimp and scallops served with salsa, cheese sauce, mix salad and rice.

CAMARONES A LA DIABLA 11.95

Jumbo shrimp cooked in our Diablo sauce. Served with rice and black beans.

CAMARONES AL MOJO

DE AJO 11.95

Jumbo shrimp sautéed in garlic-butter with avocado chunks with guajillo flavor. Served with rice.

ARROZ CON CAMARON 11.45

Grilled shrimp over a bed of rice and cheese sauce.

COCTEL DE CAMARON 14.50

Shrimp cocktail with chopped onions, tomatoes, cilantro, jalapeño peppers and avocados in a tomato sauce.

PESCADO SAN JOSE 13.50

Mahi Mahi fillet with fresh shrimp, mushrooms, spinach, roasted peppers in a delicious white wine sauce served with your choice of rice or mashed potatoes.

SEAFOOD CHIMICHANGAS 12.50

Two flour tortillas, fried or soft, filled with shrimp, imitation crab meat, onions, and tomatoes covered with alfredo sauce, served with rice, beans and sour cream.

TILAPIA VERACRUZ 12.99

Delicate fillet of tilapia sautéed with fresh shrimp, tomato sauce, roasted poblano strips, and olives served with your choice of rice or homemade mashed potatoes.

PASTA DE CHIPOTLE CON CAMARON 12.95

Pan seared delicious fettuccini with shrimp, chipotle roasted corn sauce, cilantro and queso fresco.

BBQ SALMON 13.50

Pan roasted atlantic salmon fillet over a sweet mashed potato, grilled veggies in a honey chipotle BBQ sauce.

SALMON PASILLA 13.50

Pan roasted Atlantic Salmon fillet, grilled veggies, garlic mashed potatoes and a honey pasilla sauce.

CAMARONES SAN JOSE 12.99

Grilled shrimp cooked with green and yellow squash, mushrooms, carrots and broccoli. Served with rice and mix salad.

Chicken

CHORI-POLLO 11.89

Grilled chicken breast covered with chorizo (mexican sausage) and cheese sauce served with rice and beans.

POLLO ASADO 10.95

Grilled chicken breast. Served with rice and salad.

PECHUGA CON CALABAZA 11.95

Tender sliced of grilled chicken breast with sliced zucchini, roasted red peppers and corn in a spicy cream sauce. Served with rice and charro beans.

POLLO SUPER CHARRO 12.95

Grilled chicken breast cooked to perfection with bacon, Mexican (chorizo) and grilled onions. Topped with cheese sauce. Served with rice and charro beans.

ARROZ CON POLLO 9.85

Grilled chicken strips over a layer of rice and topped with cheese sauce and special santa fe sauce.

POLLO SONORA 11.25

Grilled marinated chicken breast in a special seasoning, grilled with mushrooms, and onions, covered with cheese and ranchero sauce. Served with rice, beans and tortillas.

POLLO LA PAZ 11.95

Grilled chicken breast cooked to perfection and topped with steamed broccoli, yellow squash, zucchini and melted cheese. Served with rice and beans.

POLLO RELLENO 11.95

Pan roasted chicken breast stuffed with sautéed vegetables and cheese, roasted tomato chipotle sauce and black beans.

POLLO SAN JOSE 12.95

Grilled chicken breast and mushrooms covered with poblano peppers, onions and chipotle sauce. Served with rice and beans.

CHICKEN SPINACH 13.99

Highly recommended! Grilled chicken breast topped with creamy spinach and bacon sauce. Served with salad and your choice of rice or mashed potatoes.

CHICKEN PASTA FAJITA 12.99

Fajita - style chicken a fettuccini pasta with red and green peppers, onion and our fresh homemade Alfredo sauce topped with fresh queso.

Dessert

NIÑO ENVUELTO

Cheesecake wrapped in a crispy flour tortilla with strawberries and Mexican cajeta (Mexican caramel sauce).

CHURROS RELLENOS

Mexican churros stuffed with apple glaze, vanilla ice cream with chocolate syrup.

FRUTY CHOCOLATE PASSION

A delicious warm chocolate cake with strawberries and vanilla ice cream, topped with chocolate syrup.

HELADO FRITO

Vanilla ice-cream covered with cereal, chocolate syrup, agave nectar, whipped cream.

FLAN DE VAINILLA

Mexican vanilla custard and strawberries.

MEXICAN BANANA

A whole banana lightly fried to golden brown topped with whipped cream, chocolate and caramel syrup, served with ice cream



Lunch Time

Served Monday-Friday 11:00am - 3:00pm

All lunch specials are garnished with sour cream. Most specials are made with ground beef. You can substitute for shredded chicken for 50 cents extra.

FAJITA LUNCH MIXED 8.99

Tender sliced beef and chicken with onions and bell peppers. Served with rice, beans and salad.

FAJITA LUNCH NACHOS 7.75

Tender sliced beef or chicken with onions and bell peppers. Served over a bed of nacho chips with melted cheese.

STEAK BURRITO 7.50

Burrito filled with steak and grilled onions, then covered with nacho cheese and ranchero sauce. Served with rice or beans and salad.

ARROZ CON CAMARON 7.99

Grilled shrimp over a bed of rice and nacho cheese.

ARROZ CON POLLO 7.75

Grilled chicken strips over a layer of rice and topped with nacho cheese and a special. Santa Fe Sauce.

POLLO LOCO LUNCH 7.99

Grilled chicken breast cooked to perfection and topped with steamed broccoli, yellow squash, zucchini and melted cheese. Served with rice and beans.

CHORI POLLO 7.99

Grilled chicken breast covered with chorizo (mexican sausage) and nacho cheese served with rice and beans.

POLLO RANCHERO 7.99

Grilled chicken breast covered with melted cheese and ranchero sauce. Served with rice or beans and salad.

HUEVOS A LA MEXICANA 7.25

Two eggs scrambled with diced tomatoes, onions and hot peppers. Served with rice, beans and tortillas.

HUEVOS CON CHORIZO 7.75

Mexican style sausage scrambled with eggs. Served with rice, beans and tortillas.

CHIMICHANGA LUNCH 6.70

One beef or chicken chimichanga, served with beans and salad.

CHILE POBLANO 6.99

One stuffed poblano pepper, served with rice, beans and two flour tortillas.

POLLO SAN JOSE 7.99

Grilled chicken breast and mushrooms covered with poblano peppers, onions and chipotle sauce. Served with rice and beans.

\$7

SPECIAL 1

Chile relleno, spinach and chicken quesadilla and your choice of rice or beans.

SPECIAL 2

Burrito, rice and beans.

SPECIAL 3

Enchilada, spinach and chicken quesadilla and your choice of rice or beans.

SPECIAL 4

Chile relleno, taco, rice and beans.

SPECIAL 5

Burrito, taco and rice.

SPECIAL 6

Two chicken enchiladas, topped with lettuce, pico de gallo and a side of rice. Garnished with sour cream.

SPECIAL 7

Grilled steak or chicken fajita quesadilla, salad and your choice of rice or beans.

SPECIAL 8

Beef or chicken quesadilla and two beef tacos.

SPECIAL 9

Beef burrito, beef enchilada and your choice of rice or beans.

SPECIAL 10

Chicken enchilada and chicken burrito, topped with lettuce, sour cream and pico de gallo.

SPEEDY GONZALES

Taco, enchilada and your choice of rice and beans.

Soft Drinks

FOUNTAIN DRINKS 2.99

Pepsi products

MILK 2.25

CHOCOLATE MILK 2.25

ORANGE JUICE 2.99

COFFE AND HOT TEA 1.50

AGUAS FRESCAS 2.99

Flavored waters

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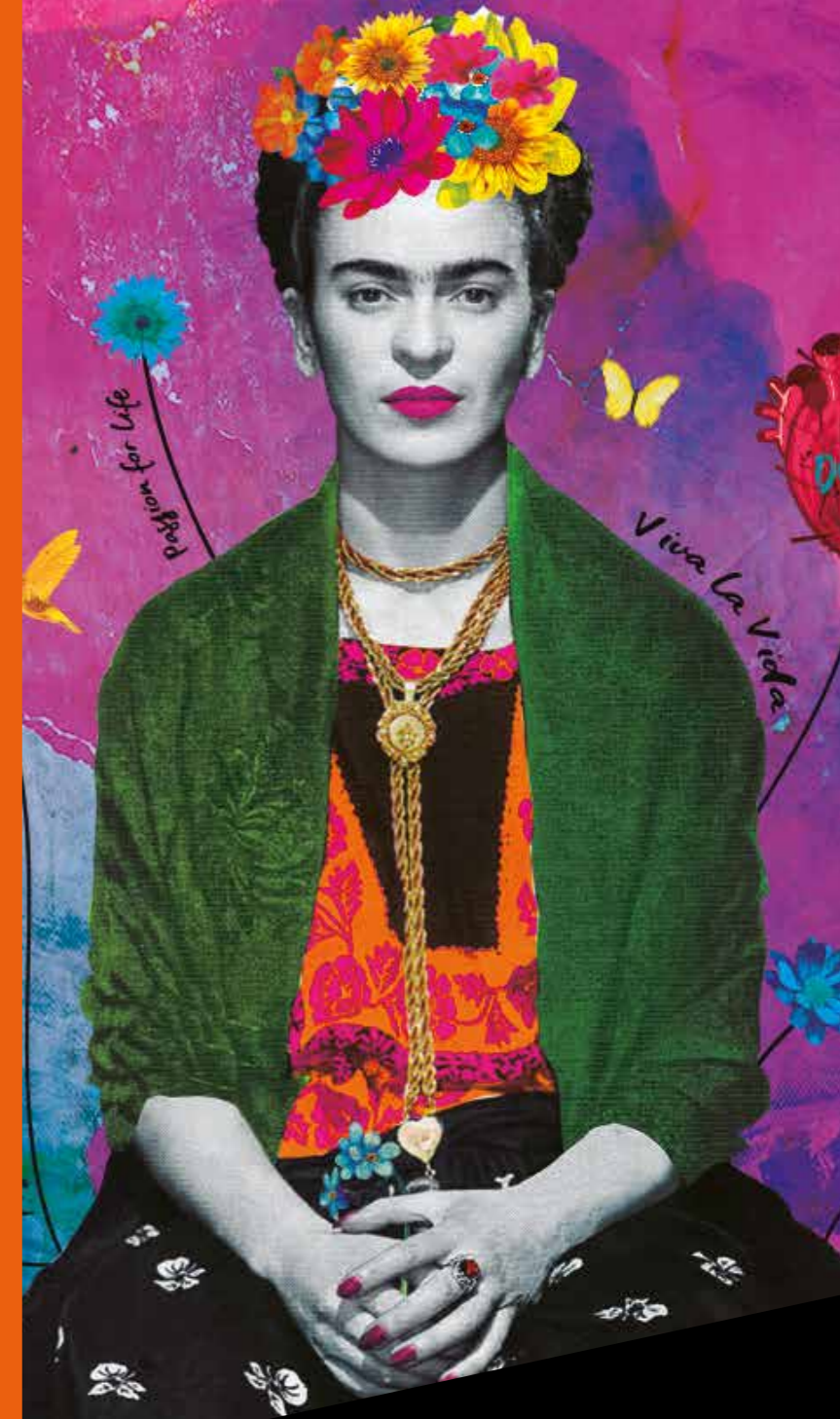
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FRIDAS

MEXICAN KITCHEN & CANTINA



550 PINEVIEW DRIVE
KERNERSVILLE, NC 27284
PH. 336 497-5097

HOURS

Monday - Thursday 11am - 10pm
Friday & Saturday 11am - 11pm
Sunday 11am - 9pm

www.fridasmexicankitchen.com

Appetizers

CEVICHE TROPICAL 8.00

Marinated fish cooked in lime juice, mix with mango, pico de gallo and olive.

FRESH GUACAMOLE

Made right at your table...!!! Mouthwatering fresh chunks of avocado, diced onions, tomatoes, cilantro and splash of lime

QUESO FUNDIDO 8.50

Chorizo (Mexican sausage, and mushrooms with melted cheese)

CHEESE STICKS 5.50

Six cheese sticks, served with marinara dipping sauce.

QUESO POBLANO 8.00

Melted Queso Oaxaca with roasted poblanos peppers and corn served on a sizzling skillet.

CAMARONES GRATINADOS 7.99

Grilled jumbo shrimp chopped with onions, covered with melted Mexican cheese

POLLO GRATINADO 7.99

Grilled chicken chopped with onions covered with melted Mexican cheese

ALITAS DE POLLO 7.99

Seven chicken wings bone in, served with celery sticks and dipping sauce.

Dips

CHEESE 4.50 BEEF 5.00
BEAN 4.25 SPINACH 4.99



Soups

CHICKEN SOUP 6.25

Chicken broth with shredded chicken, rice, avocado and pico de gallo.

Nachos

FAJITAS NACHOS 9.75

Grilled steak or chicken, sautéed with onions, red and green bell peppers. Mix add \$1 extra

SHRIMP NACHOS 10.99

Grilled shrimp sautéed with onions, red and green bell peppers.

NACHOS SALSA VERDE 10.99

Savory pork chunks cooked with green sauce, lettuce, sour cream, tomatoes and jalapeños

NACHOS BBQ 8.99

Grilled chicken, sautéed with our special BBQ sauce, topped with onions and cilantro

NACHOS SUPREMOS 7.75

Beef, beans, lettuce, sour cream, tomatoes and cheese.

FRIDAS NACHOS 8.50

A mix of chicken, chorizo and applewood bacon, topped with refried beans.

***Notice:** Foods cooked to order, consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk for foodborne illnesses, especially if you have certain medical conditions. To our guests with food sensitivity or allergies: Frida's Mexican Kitchen cannot ensure that menu items do not contain ingredients that may cause an allergic reaction.

Salads

FRIDAS SALADS 5.99

Chopped romaine lettuce, tomato, onions, avocado, toasted corn, black beans, cucumber, queso fresco with a piquin chile raspberry citrus vinaigrette garnished with crispy tortilla strips.

Add grilled chicken: 3.00

Add grilled shrimp: 4.50

KALE CAESAR SALAD 6.25

Crispy mix of romaine lettuce and black kale, red onion, jalapeño caesar dressing, queso fresco and garlic crutons.

Add grilled chicken: 3.00

Add grilled shrimp: 4.50

AZTECA SALAD 10.99

Grilled shrimp, chicken, and mushrooms over a bed of salad mix, tomato, cheese and pico de gallo.

TACO SALAD 7.75

Filled with lettuce, beans, cheese, sour cream, tomatoes and choice of beef or chicken.

CHIPOTLE CHICKEN SALAD 8.50

Grilled chicken, baby lettuce mix, creamy chipotle dressing, tomatoes, cucumbers and corn.

FAJITA TACO SALAD 8.95

Grilled steak, or chicken served with beans, and cheese in a crispy shell, topped with salad. Mix add \$1 extra

SHRIMP SALAD 11.25

Grilled shrimp served over a bed of spring greens with corn, Chihuahua cheese, tomatoes, onions and avocado.

Enchiladas

SPINACH CHICKEN ENCHILADAS 9.99

Three corn tortillas stuffed with chicken and spinach, topped with our delicious roasted poblano salsa and queso fresco, served with rice.

ENCHILADAS SUIZAS 9.99

Three chicken enchiladas, topped with creamy tomatillo sauce, grated cheese, sour cream and onions served with rice or beans.

ENCHILADAS SUPREMAS 9.99

Supreme combination consisting of one chicken, one vean, one cheese and one beef enchilada. All topped with special sauce, cheese, lettuce, tomatoes and sour cream.

ENCHILADAS DEL PUERTO 9.99

Three enchiladas stuffed with shrimp, crabmeat, onion and tomatoes topped with creamy cheese sauce and your choice of rice or beans.

ENCHILADAS POBLANAS 9.99

Two chicken enchiladas topped with poblano sauce, chopped onions, served with rice.

SHRIMP POTATO ENCHILADA 10.25

Three corn tortillas filled with potato, topped with grilled shrimp, green and red peppers onions and covered with queso chipotle, served with rice.

CHIPOTLE ENCHILADAS 9.99

Three corn tortillas stuffed with shredded chicken, topped with our delicious chipotle cheese salsa, topped with pico de gallo and sour cream, served with rice.

ENCHILADAS RANCHERAS 9.99

Two cheese enchiladas with shredded pork, cooked with onions, bell pepper, served with rice and beans.

ENCHILADAS SAN MIGUEL 9.99

Three corn tortillas stuffed with chicken, potato and chorizo, topped with roasted guajillo sauce, sour cream, grated cheese and onions, served with rice or bean.

ENCHILADAS BANDERA 9.99

Three corn tortillas, one with chicken, one with beef and one with cheese. Topped with three different sauces. Served with rice or beans.

Quesadilla

QUESADILLA DE CHORIZO (2) 8.99

Quesadillas filled with chorizo (mexican sausage), beans and cheese.

MUSHROOM QUESADILLA (2) 8.24

Quesadillas filled with mushrooms, onions, green pepper, tomato, and cheese, served with salad.

SPINACH QUESADILLA 8.24

Two quesadillas filled with spinach and cheese, served with salad.

SPINACH N CHICKEN QUESADILLA 9.75

Two quesadillas filled with grilled chicken and spinach served with rice and salad.

QUESADILLA RANCHERA 9.99

One quesadilla filled with beans, cheese, onions and your choice of grilled chicken or steak with salad mix.

QUESADILLA RELLENA 9.50

Two beef tips or chicken quesadillas with choice of rice or beans.

QUESADILLA DEL MAR 10.99

Grilled flour tortilla filled with shrimp and cheese. Served with mix salad or rice

Combos 9.50

No substitutions except for rice and beans. Combinations items filled with beef, please add .25 to substitute beef for chicken

1. Taco, two enchiladas, rice or beans.
2. One chicken burrito, one chicken quesadilla, rice and beans.
3. Enchilada, taco, chile relleno and rice.
4. Taco, beef and cheese tostada, enchilada and rice.
5. One cheese and one beef enchilada, rice and beans
6. Enchilada, taco, rice and beans.
7. Enchilada, chile relleno, rice and beans.
8. Enchilada, tamale, rice and beans.
9. One chicken burrito, chicken quesadilla and tamale.
10. Two tacos, enchilada, rice and beans.
11. Burrito, taco and enchilada.
12. Burrito, chicken quesadilla and enchilada.
13. Burrito, enchilada and chile relleno.
14. Burrito, enchilada and tamale.
15. Chicken quesadilla, beef and cheese tostada and taco.
16. Chicken quesadilla, chile relleno and enchilada.
17. Burrito, enchilada, rice and beans.
18. Burrito, taco, rice and beans.
19. Two chicken enchiladas with lettuce, tomatoes, sour cream, rice and beans.
20. Burrito, taco and chile relleno.



Burritos

BURRITO CHICKEN CHIPOTLE 9.49

A tortilla wrapped with grilled chicken, filled with rice, green peppers, covered with creamy chipotle sauce. Served with charro beans.

CALIFORNIA BURRITO 9.49

Grilled chicken or steak cooked with onions, tomatoes and mushrooms, wrapped in a big flour tortilla and topped with salsa, cheese sauce and pico de gallo.

BURRITO SAN JOSE 9.99

12 inch flour tortilla filled with grilled chicken, chorizo (mexican sausage), rice and beans. Topped with cheese dip and pico de gallo.

BURRITOS DELUXE 9.50

Two combination burritos-one chicken with beans, and one beef with beans. Topped with lettuce, tomatoes, cheese sauce and sour cream, served with rice.

BURRITO MEXICANO 10.99

One flour tortilla stuffed with grilled steak or chicken, rice black beans and onions. Topped with queso dip, chipotle sauce, pico de gallo and sour cream.

BURRITO FAJITAS (2) 10.99

Tortilla filled with grilled steak or chicken and grilled onions, covered with cheese sauce and sour cream on top, served with rice or beans.

BURRITO DE ESPINACA 10.99

One flour tortilla stuffed with grilled chicken, rice, beans and spinach, topped with spinach sauce, cheese sauce and garnished with sour cream.

Tacos

TACOS DE PASTOR (3) 10.99

Marinated pork, cilantro, onions, tomatillo salsa, and charro beans.

SHRIMP TACOS (3) 11.99

Succulent shrimp cooked with tomatoes, onions, cilantro, and cheese.

TACOS DE CARNE

AŞADA (3) 10.99

Grilled Steak, cilantro, onions, tomatillo salsa, and charro beans.

TACOS DE CHORIZO (3) 10.99

Mexican sausage, cilantro, onions, tomatillo salsa, and charro beans.

TACOS DE CARNITAS (3) 10.99

Pork tips, cilantro, onions, tomatillo salsa, and charro beans.

CALIFORNIA FISH TACOS (3) 10.99

Crispy fish fillet, served in flour tortillas topped with red cabbage, served with chipotle ranch sauce.

BAJA FISH TACOS (3) 10.99

Corn tortillas stuffed with fish fillet marinated in annatto with pineapple, served with rice and fresh Mexican pineapple sauce.

Sides

RICE OR BEANS 2

PICO DE GALLO 1.75

SHREDDED CHEESE 1.85

SOUR CREAM .99

JALAPENOS .99

CORN OR FLOUR TORTILLA (3) .99

Especialidades

CHILE VERDE 11.99

Pork tips cooked in green sauce. Served with rice and beans.

FLAUTAS MEXICANAS 8.99

Two chicken and two beef taquitos, served with lettuce, tomatoes and sour cream.

CHILAQUILES MEXICANOS 8.25

Corn chips served casserole-style with chicken chunks, cooked with cheese and our special sauce. Served with rice and salad.

CHIMICHANGAS 10

Two flour tortillas (fried or soft) filled with shredded beef or chicken topped with cheese sauce and ranchero sauce. Served with rice and beans.

Veggie 7.94

A. BEAN BURRITO. CHEESE ENCHILADA AND BEAN TOSTADA

B. THREE VEGETABLE ENCHILADAS

Stuffed with sautéed zucchini, yellow squash, mushrooms, corn and spinach, topped with spinach sauce, sour cream on top, and fresh grated cheese.

C. BEAN BURRITO. CHEESE QUESADILLA AND POTATO ENCHILADA

D. BEAN BURRITO WITH NACHO CHEESE

E. POTATO BURRITO. MUSHROOM QUESADILLA AND CHEESE ENCHILADA

CHILES POBLANO 9.25

Two chiles poblanos with rice and beans.

QUESADILLA VEGETARIANA 9.99

Sautéed zucchini, yellow squash, mushroom, corn and spinach, grilled tortilla with sour cream on top and a side of honey chipotle sauce.

Sizzling Fajitas

All fajitas grilled with bell peppers and onions. Served with pico de gallo, shredded cheese, sour cream, rice, beans and tortillas.

FAJITAS VALLARTA 15.24

A mix of chorizo (mexican sausage) grilled chicken and beef.

FAJITAS VERACRUZ 15.99

Fresh tender grilled shrimp and chicken.

FAJITAS POBLANAS 15.99

Sliced chicken breast grilled with poblano peppers, onions, zucchini, mushrooms and corn topped with shredded cheese.

FAJITAS DEL MAR 16.99

Shrimp, scallops, bell peppers and onions.

CARNITAS 11.99

Savory pork chunks served with pico de gallo, rice, beans and tortillas.

ALAMBRE 9.99

Your choice of grilled top sirloin steak or grilled chicken breast, cooked with onions, green & red peppers, bacon bits on a pita bread. Served with charro beans, pico de gallo, ans sour cream over a bed of lettuce.

Sizzling Fajitas

FAJITAS CHIHUAHUA 14.99

Steak, chicken and bacon, cooked to perfection topped with melted cheese.

FAJITAS CON QUESO 15.50

Tender sliced steak or chicken grilled with bell peppers and onions topped with melted cheese.

VEGGIE FAJITAS 10.50

Fresh grilled vegetables, red and green bell peppers, mushrooms, squash, carrots, tomato and onions.

PIÑA LOKA 17

Grilled pineapple stuff with chicken, steak pepper and onions topped in our home made pasilla sauce and melted cheese.

add 5 jumbo shrimps for \$4

FAJITAS 12.45

Grilled chicken 11.95 or sliced steak.

MIXED FAJITAS 12.99

Tender sliced steak and chicken.

FAJITAS TEXANAS 15.25

Tender sliced steak, chicken and shrimp.

SHRIMP FAJITAS 16.50

Fresh tender shrimp.

Kids 5.99

Served with rice or beans

A. TACO

B. ENCHILADA

C. BURRITO

D. ARROZ CON POLLO

E. CHEESE QUESADILLA

Served with fries

F. CHICKEN TENDER

G. CHEESE STICKS

H. CHEESEBURGER

I. CHEESE OR PEPPERONI PIZZAS

12 years and under. Includes unlimited refills for fountain drinks. \$1.50

Uncharge for juice or milk refills.